

The BUZZ

WORD

Volume

March

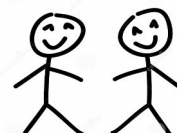
Issue 3

14

2023



Life is Better
with Friends



www.vvh.vermont.gov



VERMONT VETERANS' HOME

Fulfilling the Promise

The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on ensuring the dignity, independence, and the highest possible care and quality of life for each resident.

VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.

For any Further Questions, Please Contact:

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<http://vvh.vermont.gov>

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From the Administrator—Melissa Jackson

Hello,

This month I want to take a few minutes of your time to talk about restraints, one-on-one supervision, and falls. In the nursing home setting, the Centers for Medicare and Medicaid Services have defined restraints as any manual method, physical or mechanical device, equipment or material that meets all the following criteria:

- Is attached or adjacent to the resident's body;
- Cannot be removed easily by the resident; and
- Restricts the resident's freedom of movement or normal access to his/her body.

At VVH this includes, but is not limited to, seat belts, side rails of any length, bed alarms, chair alarms, the use of video monitoring and hand mitts.

We do our utmost to reduce the risk of Veteran/Member falls, but we will never be able to prevent all falls. One-on-one supervision of your loved one does not prevent all falls and is not an intervention used as a fall deterrent. We also do not use one-on-one supervision to prevent a Veteran or Member from attempting to remove medical devices as this would require the staff to potentially physically restrain the Veteran or Member, which is not allowed.

Our focus for fall prevention is engagement, especially with activities your loved one enjoyed prior to residing at VVH. That is why it is very important for us to know their favorite activities, music, movies, TV shows, etc.

Take Care,

Melissa



Melissa A. Jackson, MBA, FACHCA

Chief Executive Officer

www.vvh.vermont.gov

MARCH IS

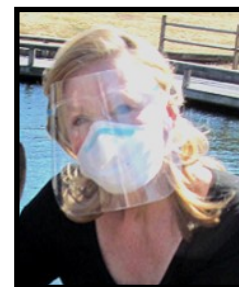
**SOCIAL
WORK
MONTH**

People become social workers because they have a strong desire to help others and make our society a better place to live for all. Social workers have helped drive significant, positive changes in our nation. Most importantly, our Social Workers touch the lives of each and every Veteran and Member.



Aisling
Behavioral
Health

If you see Christina or Aisling, please say
THANK YOU
for all the great things they do.



Christina
Behavioral
Health
Director

*From the Deputy Administrator
Asa Morin*



To Our Veterans' Home Families:

We are so excited for Spring to come and for the upcoming activities and special events that are being planned for this Spring and Summer. Here is a tentative schedule of special events:

March 31st.... Presentation from the Southern Vermont Natural History Museum

April 5th..... Performance by the Hill Country Cloggers

June 17th..... Father's Day Car Show

July 5th..... Outdoor concert by The Eagles Band

Family and friends are encouraged to attend and enjoy these special events with the Veterans and Members.

If you or someone you know is interested in providing a musical or special performance at the Veterans' Home, please contact Michele Burgess at 802-447-6520.

Asa

Spring is nature's way of saying **LET'S PARTY!** (Robin Williams)

Asa Morin, MSW, LICSW, LNHA

Deputy Administrator/COO/CCO (802) 447-6544

asa.morin@vermont.gov

CHATO

Jeannie Cody, the Quality Assurance Nurse at the Home, announces that the VVH is participating in a national trial to reduce behavioral systems in long-term care residents with Alzheimer's disease and other dementias. The program is funded by the National Institute of Health and is called **Changing Talk Online (CHATO)**. It is designed to improve staff communication and reduce behavioral and psychological symptoms of residents with dementia.



CONGRATULATIONS to the staff members who completed the program in the last quarter of 2022: Lynn Andrews, Patricia Babcock, Robyn Boland, Marianne Burnham, Mary Cicirello, Jeannie Cody, Tina Cole, Laurie Dix, Mary Driscoll, Melissa Jackson (CEO), Doreen Kinney, Victoria Knapp, Shannyn MacVicar, Asa Morin (COO), Cynthia Murray, John O'Dell, Eunice Rice, Donna Richards, Misty Shores, Rebecca Souza, Jeffrey Toplyn, and Becky Wilkinson.

CHOCOLATE CAKE CONTEST



The Judges



Devil's Food
Sean



Chocolate
Darlene



Chocolate Fudge
Asa



Entries were based on TASTE, TEXTURE and PRESENTATION.

Gary Lewis, Co-Chair of Bennington 567 Committee, presents Melissa Jackson, CEO, a very generous grant from the Elks National Foundation. Also pictured are Asa Morin, COO, Michele Burgess, Activities Director and Fred Gilbar, Exalted Ruler.

THANK YOU!



Not pictured are Mike Kinney, Co-Chair, Lori Pinsonneault, Loyal Knight and Charlie Boyle, ENF Chairman.



Pictured are L-R: Donna Stone, Darlene Cumm, Edi Prandini, Melissa, CEO, Donna Gordon, Nancy Sterling and Michele of Activities.

The American Legion of North Bennington delivered the creative Valentine's cards made by the students of the North Bennington Graded School, Mount Anthony Middle School, Woodford Elementary and Molly Stark Elementary. The Ladies also brought goodies and treats for the Home.



WHAT A WONDERFUL WAY TO CELEBRATE VALENTINES DAY.



Stephan and
Dave
jammin' in
Dietary



**A visit with family can take
an ordinary day and make it
something special.**



Hey, did you know
that in two days,
tomorrow will be
yesterday!

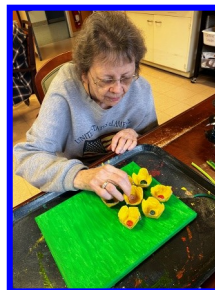
A game of 8 ball or maybe
Stripes and Solids provides the
Vets friendly competition.



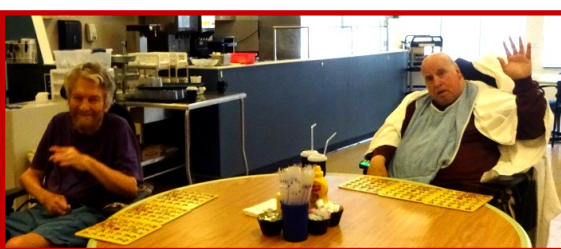
Staying active with a variety of things to do
for the body and the mind

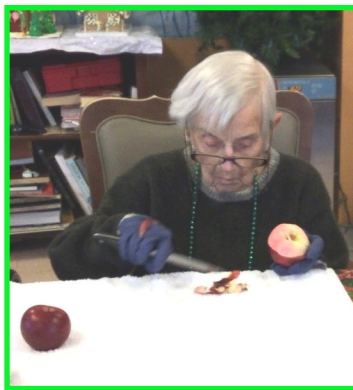


How Creative — EGG CARTON ART



A LITTLE PAINT A LITTLE GLUE and VOILA!!!
MASTERPIECES FOR SPRING



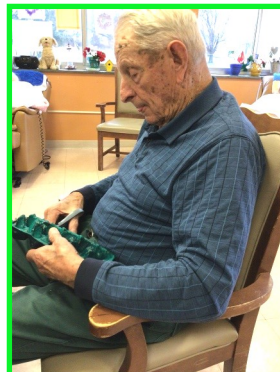


APPLE PIES

There is
nothing like a
homemade
hot apple pie



On a cold
winter's day to
warm your
spirits



One Year Ago



Can you match the slogans?

- | | |
|---------------------------------|---------------------------|
| 1. The happiest place on earth. | A. Kentucky Fried Chicken |
| 2. That was easy. | B. Capitol One |
| 3. I'm lovin' it | C. Lays Potato Chips |
| 4. You're in good hands. | D. Wheaties Cereal |
| 5. What's in your wallet | E. Allstate Insurance |
| 6. Just Do It | F. Burger King |
| 7. Don't leave home without it | G. Disneyland |
| 8. Finger Lickin' good. | H. MacDonalds |
| 9. Can you hear me Now? Good. | I. Rice Krispies Cereal |
| 10. Breakfast of Champions | J. American Express |
| 11. Betcha can't eat just one | K. Verizon |
| 12. Think outside the bun | L. Nike |
| 13. Let's go places | M. Staples |
| 14. Have it your Way | N. Toyota |
| 15. Snap, Crackle and Pop | O. Taco Bell |

ANSWERS: 1G, 2M, 3H, 4E, 5B, 6L, 7J, 8A, 9K, 10D, 11C, 12O, 13N, 14F, 15I

Why do people wear shamrocks on St. Patrick's Day?

Real rocks are too heavy.



Why can't you borrow money from leprechauns?

They're always a little short.



On behalf of the Veterans
and Members, we sincerely
thank the following for their
very generous donations:



Phyllis and Rhonda Roberts

Marilyn Ficarola

Jack Moxley

Lyndonville Auxiliary #10038

American Legion Auxiliary Units

Park McCullough Library

American Legion Post 31 — Rutland

St. James Church

National Society of Colonial Dames

Stockbridge VT Elementary School

American Legion Jr. Auxiliary Rutland

Maple Run Unified School District

DAV Auxiliary Chapter 3 - Whitingham

North Bennington Graded School

Woodford Elementary School

Mt. Anthony Union Middle School

Molly Stark Elementary School

Jackie Pecor

Elks Nat'l Foundation & BPOE #567 Benn.

Ronnie & Sharon Mack

Am. Legion Nelson Pickwell Post 15

Marcia Clinton

Linda D. Bush

Am. Legion Auxiliary #69

Red Mountain Chapter #41 OES

RK & SS Coyle

Beverly Adams

Rosalie Boland

Town of Arlington

Girl Scout Junior Troop 61642

The Federated Church of E. Arlington

Fisher Elementary School

Arlington Community of VT

In Memory of Elizabeth Church

Mr. Robert Church

In Memory of Dana Dix

Shirley Dix

In Memory of Marshall Goodell

Deborah & Gordon Boyd
Reginald & Genevieve Jacobs
Janet Nido

In Memory of Sue Bull

Linda Harris

In Memory of Stephen Jeski

Lean Letendre
Nichia & Charles McCuin

In Memory of Joseph Krawczyk

Rosemary's of Vermont
Scott & Cynthia Sauer
Justine Scanlon & Stuart Hurd

In Memory of Dorothy Campbell

Sharon D. Stepp
Mally & Cory Shays

VVH Staff Recognition Years of Service

ADMINISTRATION

Steve McClafferty — 11 years
Tammy Shields — 3

CLEANING, HOUSEKEEPING, LAUNDRY

Michelle Mabee — 3 years

DIETARY

Lawrence Gauthier — 15 years

NURSING

Robert Welch — 21 years
Jennifer Sausville — 9 years
Diana Kingsley — 8 years
Christina Campbell — 5 years



THE BUZZ WORD

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ♦ Vermont Veterans' Home website:
www.vvh.vermont.gov

Click on About Our Home
Click on Newsletters

- ♦ Email
- ♦ Mailing List (postal)

To be added to our lists please contact:

The Buzz Word
Vermont Veterans' Home
325 North Street
Bennington, VT 05201

Robyn Boland
(802) 447-6523
Email: Robyn.Boland@vermont.gov

VVH WISH LIST

"Music and Memory" Players

A monetary donation of \$30.00 provides a customized music player to a Veteran or Member.

Fidget Blankets

Crafts

Neck Pillows

Aromatherapy Lotions

Relaxation Oils

Your donations are
gratefully accepted.



THANK YOU

Please make the check for monetary donations to:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please include the purpose in the "memo".

Due to COVID-19, we are still not able to accept:
books, CDs, puzzles or used clothing.

**PLEASE NOTE: WE WILL NO LONGER ACCEPT
DVDs due to modern technology of TV's and
streaming availability.**

We will keep you posted when changes are made.
Thank you for your patience and understanding.

DONATION INFORMATION

Your donations are gratefully accepted. Please make check out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please indicate in the memo area of the check to which fund(s) you are donating:

Members Assistance:

Directly to Veterans/Members
Furniture, Haircuts, Clothing
Other personal needs

Namaste Program Fund:

Oils for relaxation
Supplies, Equipment

Unrestricted Fund:

Facility equipment
Large purchase

Activities Fund:

Entertainment

Music & Memory Fund:

Memory Music Player

Veteran's Mobility Trail

Monetary donations toward
a paved walkway around
the perimeter of the VVH

Wreaths for Veterans

Donations will go towards the purchase of a \$15
wreath for the wreath-laying ceremony

"INTEGRITY"

Honesty is so hard to possess but so necessary
Too many people take from others and it is not
right

Give God a chance and He will provide the
needs and demands necessary to carry your
cross

Trust God and Believe in God

God is good and provides us our necessary
wants, too

Trust God

Thank God

and most of all, Believe God

CA Crawford



State House Montpelier

L: Melissa Jackson, CEO,
presents Governor Phil
Scott with a VVH pin..



Above: The Legislators recognized the VVH with a standing ovation.



L: Governor Phil Scott holds a Proclamation for COL Joseph Krawczyk, past President of the Board of Trustees. (L-R) Board of Trustees Charly Dickerson, Peter Fagan, Larry Cupoli and Robert Hooper. From VVH: Robyn Boland, Asa Morin, COO, Governor Phil Scott, Melissa Jackson, CEO, Steve McClafferty, Rep. Mary Morrissey and Melinda Crowl, VVH.

***“FULFILLING THE PROMISE: Caring for the
Veterans of Vermont and their families”***

Vermont Veterans' Home
325 North Street
Bennington, VT 05201

